



Join Us In Your School's Café

Starting this 2023-2024 school year, Poudre School District is excited to announce our participation in the Healthy School Meals for All program. **All students enrolled at Poudre School District may participate and receive one daily breakfast and lunch at no cost!**

Studies have shown that students who are not hungry perform better in school. By providing daily meals to all students at no cost, we are hoping to create a better learning environment for our students. The school meals that PSD provides follow the U.S. Department of Agriculture guidelines for healthy school meals.

As in previous years, it's important for households to still provide their household income information when requested via a Free-Reduced Meal Benefits application. While meals will be provided at no cost to all students in participating schools, it's important for Poudre School District to continue gathering this information in order to receive full access to state and federal funding. Additional funds will go directly to schools to help cover the cost of meals, support after-school activities and other nutritional programs for students. Plus, households who qualify may receive discounted school fees, class materials, utilities support and more.

You can find the Free-Reduced Meal Benefits application below. Applications must be completed annually.

How to Apply for Free-Reduced Meal Benefits:

Families can sign up for Free or Reduced meals by applying online at

<https://www.myschoolapps.com/Application>.

Those families who qualify for Free-Reduced Meal Benefits are eligible for school fee/charge waivers.

See the Student Fees and Charges web page at <https://www.psdschools.org/fees> for more information.

Instructions on how to complete the Permission to Share Information for Fee/Charge Waivers can be found at <https://techportal.psdschools.org/node/2687>.

Have questions?

Call the Child Nutrition Department at (970) 490-3557.

This institution is an equal opportunity provider.

Follow PSD Child Nutrition on:



Facebook "[Poudre School District Child Nutrition](#)"

Twitter ("[PSDNutrition](#)")

to get **daily menu details** and updates.





Fruit & Vegetable of the Month

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|-----------|--------------------|----------------|
| August | Green Beans | Peaches |
| September | Heirloom Tomatoes | Asian Pears |
| October | Tri-Color Carrots | Apples |
| November | Butternut Squash | Crenshaw Melon |
| December | Rainbow Kale | Gooseberries |
| January | Edamame | Nectarines |
| February | Hydroponic Lettuce | Star Fruit |
| March | Eggplant | Blood Oranges |
| April | Baby Peppers | Mangos |
| May | Avocados | Apricots |

Special Dietary Need?

If your student has a food allergy or special diet need, visit our [Special Food Needs](#) webpage.

For questions, please contact Becky Wiggins at rwiggins@psdschools.org.



Vegetarian Modification Available

Menu Details at your Fingertips



Our [menu webpage](#) is interactive! Click each item for menu pictures, allergens, nutrition and ingredient details.

We also have a mobile app! Search for "Nutrislice" and download the app to see the daily choices right on your smart phone (available through iTunes App store for Apple or Google Play for Androids).

SchoolPay®

School Pay is Poudre School District's online payment partner for school meal accounts and payments. School Pay allows convenient online payments to all Poudre School District fees.

To set up an account with School Pay to view meal activity, balances or make payments: log in at <https://psdschools.schoolpay.com/> or call 1-888-886-9729 (#888-88-MYPAY).

Coming Soon to all Cafés

Starting in the 2023-24 school year, students at all PSD schools will check out of the cafeteria line with a quick tap of a finger.

Fast facts about PSD's biometrics program

- This technology **DOES NOT** take or store a picture of users' fingerprints.
- Families will have the option to opt their students out of participation.
- Finger-scanning will help students move more efficiently and accurately through the meal service lines with the increased participation associated with universal free meals.

Healthy School Meals For All Program Requirements

What makes a Breakfast*

Select at least 3 food items

Fruit
Grain
Protein
Milk

What makes a Lunch*

Select 3-5 Different Components

Fruit
Veggie
Grain
Protein
Milk

***Each meal must include 1/2 cup fruit and/or veggie**
Students without the required components will be charged the adult meal price.

